

# KENT PARK PRIMARY SCHOOL CANTEEN MENU

2020



Open Tuesdays & Fridays, recess & lunch

## SANDWICHES & WRAPS (please specify)

<ul style="list-style-type: none"> <li>▪ White or wholemeal bread</li> <li>▪ Please request if no butter</li> <li>▪ Salad: tomato, cucumber, carrot &amp; lettuce</li> <li>▪ Beetroot on request</li> </ul>	
Vegemite	\$2.00
Cheese	\$2.00
Ham, cheese & tomato	\$3.50
Ham & salad	\$4.50
Egg & lettuce	\$3.50
Cheese & salad	\$4.00
Roast chicken, lettuce & mayonnaise	\$4.00
Roast chicken & salad	\$4.50

## HOT FOOD (lunch only)

Party pie – Mrs Mac’s good eating	\$1.10
Sausage roll – Mrs Mac’s good eating	\$2.80
Vegetable pastie	\$4.00
Hot dog (skinless)	\$3.20
with sauce	\$3.40
Steamed dim sim (with/without soy sauce)	\$1.00
Chicken schnitzel, lettuce & mayo burger	\$4.50
Toasted focaccia	\$5.50
<i>chicken, cheese, baby spinach, mayo or ham, cheese, tomato</i>	
Sweet-chilli chicken tender	\$1.00
Chicken-breast nuggets (6)	\$3.50
Bacon, egg & cheese muffin	\$3.20
Nachos	\$4.00
with sour cream	\$4.50
Homemade zucchini slice	\$4.00
Homemade fried rice	\$4.00
Homemade spaghetti bolognese	\$4.00

## SALAD PACKS

Italian dressing available on request	
Beetroot available on request	
Garden salad small	\$2.50
<i>tomato, cucumber, carrot, lettuce</i>	
Large salad tub	\$4.00
<i>tomato, cucumber, carrot, lettuce, cheese, boiled egg</i>	
with ham, roast chicken or tuna	\$5.50

## SNACKS

Yoghurt cup with muesli	\$1.00
<i>vanilla</i>	
Carrot sticks	\$0.50
with tzatziki or hummus	\$1.50
Hard boiled egg	\$0.80
Piece of fruit	\$1.00
<i>apple, orange or banana</i>	
Plain popcorn	\$1.00
Homemade Milo cookie	\$1.80
Choco-date bliss ball	\$1.00
Veggie chips	\$1.20
Red Rock Deli chips	\$1.20
<i>sea salt, sweet chilli &amp; sour cream or honey soy chicken</i>	
Cheese & crackers	\$2.00
Stringers cheese stick	\$1.00
Mamee noodle snack	\$0.80

## DRINKS

Just Juice Prima – 99% fruit juice	\$1.50
<i>paradise punch, apple or orange</i>	
Nippy’s low fat milk	\$2.20
<i>chocolate, strawberry or honeycomb</i>	
Quench spring water	\$2.00
<i>apple raspberry, lemon lime or lemonade</i>	
Bottled water	\$1.20

## FROZEN

Pineapple ring	\$0.50
Moosies milk freeze	\$1.50
Quelch icypole (99% fruit juice)	\$1.00
<b>terms 1 &amp; 4 only</b>	

## DIETARY OPTIONS (lunch only)

GF Nachos	\$4.00
with sour cream	\$4.50
GF zucchini slice	\$4.00
DF party pie	\$1.10
DF chicken nuggets	\$3.50

GF = Gluten-free | DF = Dairy-free

\*\*\* SUSHI & RICE PAPER ROLL ORDERS NOW AVAILABLE FRIDAYS \*\*\*

Visit [www.sushi.net.au](http://www.sushi.net.au) and place order prior to 10.00am Thursday. Online payment only.

### TO ORDER:

- Write *Name, Class* and *Order* on a paper bag or envelope
- No staples
- Correct money appreciated

### PLEASE NOTE:

- Tomato sauce \$0.20 extra
- Brown lunch bag \$0.10 extra

**Over-the-counter sales available at recess**