

KENT PARK PRIMARY SCHOOL CANTEEN MENU

2019

Open Tuesdays & Fridays, recess & lunch



SANDWICHES & WRAPS (please specify)

<ul style="list-style-type: none"> ▪ White or wholemeal bread ▪ Please request if no butter ▪ Salad: tomato, cucumber, carrot & lettuce ▪ Beetroot on request 	
Vegemite	\$2.00
Cheese	\$2.00
Ham, cheese & tomato	\$3.50
Ham & salad	\$4.50
Egg & lettuce	\$3.50
Cheese & salad	\$4.00
Roast chicken, lettuce & mayonnaise	\$4.00
Roast chicken & salad	\$4.50

HOT FOOD (lunch only)

Party pie – Mrs Mac’s good eating	\$1.10
Sausage roll – Mrs Mac’s good eating	\$2.60
Vegetable pastie	\$4.00
Hot dog (skinless)	\$3.20
with sauce	\$3.40
Steamed dim sim (with/without soy sauce)	\$1.00
Chicken burger <i>chicken, lettuce, cheese & mayo</i>	\$4.50
Toasted focaccia <i>chicken, cheese, baby spinach, mayo or ham, cheese, tomato</i>	\$5.50
Chicken strip	\$1.00
Chicken-breast nuggets (6)	\$3.50
Bacon, egg & cheese muffin	\$3.20
Nachos	\$4.00
with sour cream	\$4.50
Homemade lasagne	\$4.00
Homemade zucchini slice	\$4.00
Homemade fried rice	\$4.00
Homemade spaghetti bolognese	\$4.00

SALAD PACKS

Italian dressing available on request	
Garden salad small <i>tomato, cucumber, carrot, lettuce</i>	\$2.50
Large salad tub <i>tomato, cucumber, carrot, lettuce, cheese, boiled egg</i>	\$4.00
with ham, roast chicken or tuna	\$5.50

SNACKS

Yoghurt cup with muesli <i>vanilla</i>	\$1.00
Carrot sticks with tzatziki or hummus	\$0.50 \$1.50
Hard boiled egg	\$0.80
Piece of fruit <i>apple, orange or banana</i>	\$1.00
Plain popcorn	\$1.00
Homemade Milo cookie	\$1.50
Vegie chips	\$1.20
Red Rock Deli chips <i>sea salt, sweet chilli & sour cream or honey soy chicken</i>	\$1.20
Cheese & crackers	\$2.00
Stringers cheese stick	\$1.00
Mamee noodle snack	\$0.80

DRINKS

Just Juice Prima – 99% fruit juice <i>paradise punch, apple or orange</i>	\$1.50
Nippy’s low fat milk <i>chocolate or strawberry</i>	\$2.20
Up&Go <i>choc ice or vanilla ice</i>	\$2.00
Quench spring water <i>apple raspberry, lemon lime or lemonade</i>	\$2.00
Bottled water	\$1.50

FROZEN

Pineapple ring	\$0.50
Moosies milk freeze	\$1.50
Quelch icypole (99% fruit juice)	\$0.80
terms 1 & 4 only	

DIETARY OPTIONS (lunch only)

GF Nachos with sour cream	\$4.00 \$4.50
GF zucchini slice	\$4.00
DF party pie	\$1.10
DF chicken nuggets	\$3.50

GF = Gluten-free | DF = Dairy-free

TO ORDER:

- Write *Name, Class* and *Order* on a paper bag or envelope
- No staples
- Correct money appreciated

PLEASE NOTE:

- Tomato sauce \$0.20 extra
- Brown lunch bag \$0.10 extra

Over-the-counter sales available at recess