

KENT PARK PRIMARY SCHOOL CANTEEN MENU

TERM 1, 2019

Open Tuesdays & Fridays, recess & lunch



SANDWICHES & WRAPS (please specify)

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| <ul style="list-style-type: none"> ▪ White or wholemeal bread ▪ Please request if no butter ▪ Salad: tomato, cucumber, carrot & lettuce ▪ Beetroot on request | |
| Vegemite | \$2.00 |
| Cheese | \$2.00 |
| Ham, cheese & tomato | \$3.50 |
| Ham & salad | \$4.50 |
| Egg & lettuce | \$3.50 |
| Cheese & salad | \$4.00 |
| Roast chicken, lettuce & mayonnaise | \$4.00 |
| Roast chicken & salad | \$4.50 |

HOT FOOD (lunch only)

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| Party pie – Mrs Mac’s good eating | \$1.10 |
| Sausage roll – Mrs Mac’s good eating | \$2.60 |
| Vegetable pastie | \$4.00 |
| Chicken burger <i>chicken, lettuce, cheese & mayo</i> | \$4.50 |
| Toasted focaccia <i>chicken, cheese, baby spinach, mayo or ham, cheese, tomato or bacon, tomato, avocado, mayo or avocado, tomato, feta, baby spinach, red onion, relish</i> | \$5.50 |
| Chicken strip | \$1.00 |
| Chicken-breast nuggets (6) | \$3.50 |
| Bacon, egg & cheese muffin | \$3.20 |
| Nachos | \$4.00 |
| with sour cream | \$4.50 |
| Homemade lasagne | \$4.00 |
| Homemade zucchini slice | \$4.00 |
| Homemade fried rice | \$4.00 |
| Homemade spaghetti bolognese | \$4.00 |

SALAD PACKS

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|---|--------|
| Italian dressing available on request | |
| Garden salad small <i>tomato, cucumber, carrot, lettuce</i> | \$2.50 |
| Large salad tub <i>tomato, cucumber, carrot, lettuce, cheese, boiled egg</i> | \$4.00 |
| with ham, roast chicken or tuna | \$5.50 |

SNACKS

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| Yoghurt cup with muesli <i>vanilla</i> | \$1.00 |
| Carrot sticks | \$0.50 |
| with tzatziki or hummus | \$1.50 |
| Hard boiled egg | \$0.80 |
| Piece of fruit <i>apple, orange or banana</i> | \$1.00 |
| Plain popcorn | \$1.00 |
| Homemade Milo cookie | \$1.50 |
| Veggie chips | \$1.20 |
| Red Rock Deli chips <i>sea salt, sweet chilli & sour cream or honey soy chicken</i> | \$1.20 |
| Cheese & crackers | \$2.00 |
| Stringers cheese stick | \$1.00 |
| Mamee noodle snack | \$0.80 |

DRINKS

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|--|--------|
| Just Juice Prima – 99% fruit juice <i>paradise punch, apple or orange</i> | \$1.50 |
| Nippy’s low fat milk <i>chocolate or strawberry</i> | \$2.20 |
| Up&Go <i>choc ice or vanilla ice</i> | \$2.00 |
| Quench spring water <i>apple raspberry, lemon lime or lemonade</i> | \$2.00 |
| Bottled water | \$1.50 |

FROZEN

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|---|--------|
| Pineapple ring | \$0.50 |
| Moosies milk freeze | \$1.50 |
| Quelch icypole (99% fruit juice) terms 1 & 4 only | \$0.80 |

DIETARY OPTIONS (lunch only)

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|--------------------|--------|
| GF Nachos | \$4.00 |
| with sour cream | \$4.50 |
| GF zucchini slice | \$4.00 |
| DF party pie | \$1.10 |
| DF chicken nuggets | \$3.50 |

GF = Gluten-free | DF = Dairy-free

TO ORDER:

- Write *Name, Class* and *Order* on a paper bag or envelope
- No staples
- Correct money appreciated

PLEASE NOTE:

- Tomato sauce \$0.20 extra
- Brown lunch bag \$0.10 extra

Over-the-counter sales available at recess